

## 2ND NATIONAL 400M OPEN CHAMPIONSHIPS-2019

09-04-2019

SAI CENTER LUCKNOW (U.P)

4/15/19 - 4/16/19

15-16 APRIL 2019

**Event # 1 MENS 400m Run****PRELIM**

NR:M.ANAS NOVE MESTO NAD METU 45.24 21/07/2018

## Heat 1

2	VEER .	238	17/03/99	HARYANA	___	_____
3	AFTAB ALAM	107	03/03/97	UTTAR PRADESH	___	_____
4	RISHABH MISHRA	202	18/07/98	TELANGANA	___	_____
5	SANDEEP YADAV	208	07/10/98	MAHARASHTRA	___	_____
6	V GOUD	235	09/07/97	TELANGANA	___	_____
7	PARVEEN BOORA	181	12/10/98	HARYANA	___	_____
8	RAVI SINGH	200	27/11/97	JHARKHAND	___	_____

## Heat 2

2	KOMALJIT SINGH	159	02/11/97	PUNJAB	___	_____
3	JITENDER T	155	10/02/96	HARYANA	___	_____
4	PANKAJ MALIK	177	07/03/98	HARYANA	___	_____
5	AMIT YADAV	114	02/02/99	JHARKHAND	___	_____
6	CHETAN SINGH	133	09/10/98	TELANGANA	___	_____
7	VISHAL CHATURBHAI	243	30/08/97	GUJARAT	___	_____
8	BABLU .	127	20/05/97	UTTAR PRADESH	___	_____

## Heat 3

2	KAILASH KUMAWAT	157	15/09/96	RAJASTHAN	___	_____
3	CHIRAG CHIRAG	134	17/10/98	HARYANA	___	_____
4	GURMEET SINGH	147	21/05/98	HARYANA	___	_____
5	RAMAVTAR JATAV	199	06/05/92	MADHYA PRADESH	___	_____
6	ANKIT BHATI	121	25/07/97	UTTAR PRADESH	___	_____
7	DILIP TOMAR	138	15/07/98	MADHYA PRADESH	___	_____
8	ABDUL WAHAB	103	16/07/95	RAJASTHAN	___	_____

## Heat 4

2	SUMIT KUMAR	226	03/12/98	UTTAR PRADESH	___	_____
3	BALAJI. SHIRDE.	129	26/06/88	MAHARASHTRA	___	_____
4	MUHAMMED K	170	01/05/98	MAHARASHTRA	___	_____
5	PRASHANT CHAUDHARY	183	12/01/98	UTTAR PRADESH	___	_____
6	AABHAS CHOUDHARY	102	08/10/96	UTTAR PRADESH	___	_____
7	AMIT KUMAR	113	04/02/99	HARYANA	___	_____
8	SARVJEET SIHAG	213	21/01/96	HARYANA	___	_____

## Heat 5

2	SURAJ .	230	27/06/97	DELHI	___	_____
3	SANJAY PATEL	210	15/03/99	UTTAR PRADESH	___	_____
4	AMAN KUMAR	111	31/10/98	HARYANA	___	_____
5	M. RAMACHANDRAN .	161	29/12/91	TAMIL NADU	___	_____
6	RAHUL YADAV	189	08/10/97	MADHYA PRADESH	___	_____
7	SUNIL .	229	08/08/98	UTTAR PRADESH	___	_____
8	KESTER ELWIN SIMON SUG	158	11/04/98	ANDHRA PRADESH	___	_____

## 2ND NATIONAL 400M OPEN CHAMPIONSHIPS-2019

09-04-2019

SAI CENTER LUCKNOW (U.P)

4/15/19 - 4/16/19

15-16 APRIL 2019

**Event # 1 MENS 400m Run continued...**

Heat 6

2	SHRIKANT MALIK	220	12/03/97	UTTAR PRADESH	___	_____
3	GURPREET SINGH	148	09/10/91	PUNJAB	___	_____
4	IMRAN USMANI .	154	29/12/96	DELHI	___	_____
5	SACHIN KUMAR	204	25/05/94	HARYANA	___	_____
6	ANUP KUMAR	125	04/03/98	HARYANA	___	_____
7	DEEPAK SINGH	135	11/08/96	PUNJAB	___	_____
8	SHARATH SHETTY	217	23/12/97	KARNATAKA	___	_____

**Event # 2 UNDER 20 BOYS 400m Run****PRELIM**

NR:AMOJ JACOB DELHI 46.59 18/11/2017

Heat 1

1	RAGHVENDRA SARASWAT	188	11/06/99	UTTAR PRADESH	___	_____
2	SACHIN .	205	15/06/00	HARYANA	___	_____
3	SHRAWAN SINGH	219	02/05/00	RAJASTHAN	___	_____
4	ABHISHEK CHAUDHARY	104	15/07/99	UTTAR PRADESH	___	_____
5	PRAVEEN KUMAR	185	01/07/00	HARYANA	___	_____
6	SANJAY .	211	15/08/00	HARYANA	___	_____
7	YOGENDER .	247	10/02/00	HARYANA	___	_____
8	ANAND .	118	08/02/99	HARYANA	___	_____

Heat 2

1	MOHAN VEGI	165	11/03/99	ANDHRA PRADESH	___	_____
2	VAIBHAV RAYAMANE	236	27/04/00	KARNATAKA	___	_____
3	MOHIT GIRI	168	16/07/99	UTTAR PRADESH	___	_____
4	RAJESH VEGI	193	06/10/00	ANDHRA PRADESH	___	_____
5	DEVENDER KUMAR	136	25/12/99	HARYANA	___	_____
6	MAHESH YADAV	164	19/06/99	HARYANA	___	_____
7	RAMAN SHARMA	197	15/12/00	DELHI	___	_____
8	NAKKA RAJESH	171	15/08/00	ANDHRA PRADESH	___	_____

Heat 3

1	SURESH .	232	14/11/99	UTTAR PRADESH	___	_____
2	MOHIT .	167	10/01/99	HARYANA	___	_____
3	RAHUL SINGH	192	07/10/99	RAJASTHAN	___	_____
4	VIVEK BANERJEE	246	26/10/00	WEST BENGAL	___	_____
5	GAURAV KUMAR	144	12/05/00	UTTAR PRADESH	___	_____
6	VISHNU POSHWAL	244	07/01/00	RAJASTHAN	___	_____
7	RAHUL KUMAR	190	06/11/00	HARYANA	___	_____
8	DINESH .	139	02/07/01	HARYANA	___	_____

## 2ND NATIONAL 400M OPEN CHAMPIONSHIPS-2019

09-04-2019

SAI CENTER LUCKNOW (U.P)

4/15/19 - 4/16/19

15-16 APRIL 2019

**Event # 2 UNDER 20 BOYS 400m Run continued...**

## Heat 4

1	PAVITER KUMAR	182	17/06/00	HARYANA	___
2	ADESH GARSA	106	12/07/00	RAJASTHAN	___
3	SANJIT SWAIN	212	20/11/99	PUNJAB	___
4	GIRISH GAME	146	08/03/00	MAHARASHTRA	___
5	RAHUL CHOUDHARI	191	19/07/99	KARNATAKA	___
6	ANIL KUMAR	120	09/04/00	HARYANA	___
7	VIKRANT PANCHAL	242	30/01/00	HARYANA	___
8	SHUBHAM ZODE	223	10/12/00	MAHARASHTRA	___

## Heat 5

2	PARAMJEET .	179	14/12/00	HARYANA	___
3	AMIT KUMAR	116	02/03/00	HARYANA	___
4	SUBHADIP BAG	225	26/06/99	DELHI	___
5	SURENDRA .	231	08/02/99	RAJASTHAN	___
6	AKSHAY KUMAR	110	17/04/00	HARYANA	___
7	VIKRANT BHARDWAJ	241	27/07/00	DELHI	___
8	SHRINATH ANI	221	08/07/99	KARNATAKA	___

## Heat 6

2	SATPAL SINGH	215	09/09/99	HARYANA	___
3	AGNISH NR	108	08/03/00	KARNATAKA	___
4	SAMEER GAJIYA	207	09/03/99	GUJARAT	___
5	RAKESH KASWAN	195	04/10/01	RAJASTHAN	___
6	YUVARAJA	249	11/10/99	TAMIL NADU	___
7	MST FAHIM FAHIM ANSARI	169	01/01/00	UTTAR PRADESH	___
8	ANKUSH .	123	12/03/99	HARYANA	___

**Event # 3 UNDER 18 BOYS 400m Run****PRELIM**

NR:CHANDAN BAURI APIA 46.99 08/09/2015

## Heat 1

1	GAURAV KUMAR	142	13/08/02	UTTAR PRADESH	___
2	AMIT DHAKRAY	115	13/12/01	UTTAR PRADESH	___
3	PARDEEP .	180	17/07/01	HARYANA	___
4	VANSH SHARMA	237	06/10/02	MADHYA PRADESH	___
5	SATPAL .	214	27/09/02	HARYANA	___
6	JOGENDR SINGH	156	27/10/01	UTTAR PRADESH	___
7	ANKIT SINGH	122	07/06/02	BIHAR	___
8	HAPPY KUMAR	149	23/09/02	HARYANA	___

## 2ND NATIONAL 400M OPEN CHAMPIONSHIPS-2019

09-04-2019

SAI CENTER LUCKNOW (U.P)

4/15/19 - 4/16/19

15-16 APRIL 2019

**Event # 3 UNDER 18 BOYS 400m Run continued...**

## Heat 2

1	R PREM	187	25/01/03	DELHI	___	_____
2	NIMIT .	175	05/05/01	HARYANA	___	_____
3	RAVINDER PASWAN	201	07/01/02	UTTAR PRADESH	___	_____
4	VISVJEET .	245	07/12/02	UTTAR PRADESH	___	_____
5	SANDEEP KUMAR	209	26/09/01	HARYANA	___	_____
6	PRASHANT CHAUHAN	184	07/07/01	DELHI	___	_____
7	HARPREET SINGH	150	12/01/01	HARYANA	___	_____
8	ANIKET PATEL	119	31/12/02	UTTAR PRADESH	___	_____

## Heat 3

2	VIKRANT THENUAN	240	02/01/02	UTTAR PRADESH	___	_____
3	GAUTAM SOLANKI	145	21/12/01	MAHARASHTRA	___	_____
4	BALRAM .	130	06/06/02	MAHARASHTRA	___	_____
5	SHAKTIMAN KUMAW KUM.	216	26/01/02	RAJASTHAN	___	_____
6	HIMANSHU SINGH	152	25/12/01	UTTAR PRADESH	___	_____
7	HIMANSU SINGH	153	02/06/03	ODISHA	___	_____
8	GAURAV KUMAR	143	08/10/01	UTTAR PRADESH	___	_____

## Heat 4

2	SUMIT YADAV	227	07/05/01	UTTAR PRADESH	___	_____
3	PAPPU .	178	01/04/02	HARYANA	___	_____
4	BHANU KOLAGANI	131	11/02/01	ANDHRA PRADESH	___	_____
5	SHIVANG MISHRA	218	25/05/01	UTTAR PRADESH	___	_____
6	MAHENDAR CHOUDHARY	163	02/09/02	MAHARASHTRA	___	_____
7	NIPUL .	176	31/03/03	DELHI	___	_____
8	USMAN .	234	15/07/02	UTTAR PRADESH	___	_____

## Heat 5

2	NEERAJ KASHYAP	174	02/07/02	UTTAR PRADESH	___	_____
3	SALMAN KHAN	206	20/02/03	MAHARASHTRA	___	_____
4	BALAJI YELLAPU	128	17/10/02	ANDHRA PRADESH	___	_____
5	RAMASHANKAR KUSHWAF	198	13/09/01	UTTAR PRADESH	___	_____
6	AMAN .	112	05/10/02	HARYANA	___	_____
7	ABULAIS AHAMAD	105	23/12/02	UTTAR PRADESH	___	_____
8	G DHANUSHKUMAR	141	15/07/02	ANDHRA PRADESH	___	_____

## 2ND NATIONAL 400M OPEN CHAMPIONSHIPS-2019

09-04-2019

SAI CENTER LUCKNOW (U.P)

4/15/19 - 4/16/19

15-16 APRIL 2019

**Event # 4 UNDER 16 BOYS 400m Run****PRELIM**

NR:CHANDAN BAURI BENGALURU 48.24 05/12/2013

## Heat 1

1	A.SURAJ .	101	20-12-2003	TAMIL NADU	_____
2	DUSHYANT .	140	12/11/04	UTTAR PRADESH	_____
3	SHUBHASISH KUMAR	224	25/08/03	BIHAR	_____
4	SHUBHAM KUMAR	222	24/01/04	UTTAR PRADESH	_____
5	DEV RAM RATHAVA	137	06/01/04	GUJARAT	_____
6	RITIK KUMAR	203	01/10/04	UTTAR PRADESH	_____
7	NAVNEET RAUSHAN	173	07/11/03	BIHAR	_____
8	C. VASAN	132	30/01/04	TAMIL NADU	_____

## Heat 2

1	VIJAY KUMAR	239	16/06/04	BIHAR	_____
2	ANURAG MISHRA	126	26/07/04	RAJASTHAN	_____
3	AKSHAY KUMAR	109	12/10/03	HARYANA	_____
4	YOGESH .	248	13/02/04	HARYANA	_____
5	U RAMAIAH	233	19/02/04	ANDHRA PRADESH	_____
6	HIMANSHU KASHYAP	151	17/02/04	UTTAR PRADESH	_____
7	SUNEET .	228	24/10/03	UTTAR PRADESH	_____
8	PRINCE KUMAR	186	06/05/04	BIHAR	_____

## Heat 3

1	NARENDER KUMAR	172	21/10/04	DELHI	_____
2	MADHAN .	162	01/11/04	KARNATAKA	_____
3	KULDEEP KUMAR	160	07/02/03	UTTAR PRADESH	_____
4	RAJNATH SINGH	194	15/02/04	UTTAR PRADESH	_____
5	RAKSHITH NAIK	196	29/08/04	KARNATAKA	_____
6	MOHIT .	166	07/01/03	UTTAR PRADESH	_____
7	ANSHUL .	124	04/04/04	DELHI	_____
8	AMRIT PANCHAL	117	02/03/04	UTTAR PRADESH	_____

**Event # 5 WOMENS 400m Run****FINAL**

NR:HIMA DAS JAKARTA 50.79 26/08/2018

## Heat 1

3	SIMRAN KAUR	302	08/01/98	DELHI	_____
4	NEESHU KUMARI	288	29/10/97	DELHI	_____
5	VIDHI DAGA	305	14/02/96	RAJASTHAN	_____
6	AKULA HYMA	275	12/09/79	ANDHRA PRADESH	_____
7	NEETU PRAJAPATI	289	07/05/95	MADHYA PRADESH	_____

## 2ND NATIONAL 400M OPEN CHAMPIONSHIPS-2019

09-04-2019

SAI CENTER LUCKNOW (U.P)

4/15/19 - 4/16/19

15-16 APRIL 2019

**Event # 6 UNDER 20 GIRLS 400m Run**

FINAL

NR:HIMA DAS TAMPERE 51.46 12/07/2018

Heat 1

2	NANHI CHAUDHARY	286	16/10/99	HARYANA	___
3	TANYA GUPTA	304	26/02/01	UTTARKHAND	___
4	BHUVI.C.P CHOLARAMANE	279	20/03/00	KARNATAKA	___
5	PREETI .	294	07/06/99	UTTAR PRADESH	___
6	FLORENCE BARLA	282	01/01/01	JHARKHAND	___
7	Y JYOTHI	306	28/08/99	ANDHRA PRADESH	___
8	RAJNEE PATHANIA	296	13/02/00	HIMACHAL PRADESH	___

**Event # 7 UNDER 18 GIRLS 400m Run**

FINAL

NR:JISNA MATHEW APIA 53.14 09/09/2015

Heat 1

3	RINKI DEBNATH	297	04/05/02	WEST BENGAL	___
4	NIDHI .	293	18/10/01	CHHATTISGARH	___
5	YUKTA GHOSALKAR	307	03/06/02	MADHYA PRADESH	___
6	NANSY NANSY	287	05/06/02	UTTAR PRADESH	___
7	SHOBHA .	299	02/03/02	UTTAR PRADESH	___
8	DAMINI .	281	04/04/02	CHHATTISGARH	___

**Event # 8 UNDER 16 GIRLS 400m Run**

PRELIM

NR:ANJANA THAMKE LUCKNOW 54.57 31/10/2012

Heat 1

1	NIDHI .	292	25/01/04	HIMACHAL PRADESH	___
2	ATREYEE SARKAR	278	11/04/03	WEST BENGAL	___
3	SAPNA MESHRAM	298	23/10/04	CHHATTISGARH	___
4	AMUDHA YALINI A	276	15/11/03	KARNATAKA	___
5	SHRAVNI SHETE	300	10/06/03	MAHARASHTRA	___
6	CHANCHAL YADAV	280	15/10/04	UTTAR PRADESH	___
7	SUNITA KUHRAMI	303	27/09/04	CHHATTISGARH	___
8	ANSHMEET KAUR	277	10/11/03	HARYANA	___

Heat 2

2	LAXMI KORSA	284	01/01/05	CHHATTISGARH	___
3	KORRA .	283	09/12/03	TELANGANA	___
4	NETRA .	291	24/04/04	HARYANA	___
5	NENAVATH KORRA	290	20/01/04	TELANGANA	___
6	MUNNAM AKHILA	285	04/06/05	ANDHRA PRADESH	___
7	PRIYANKA SAROJ	295	03/10/04	UTTAR PRADESH	___
8	SHWETA VISHWAKARMA	301	08/10/03	UTTAR PRADESH	___