

2nd National 400m. Open Championship 2019

Venue: Athletics Stadium, GGS Sports College, Kursi Road, **Lucknow** (U.P.)

15th & 16th April 2019 (Monday & Tuesday)

Day One * 15th April 2019 (Monday)

Event No.	Scheduled Time- hrs.	Event	Gender	Round
07.15 hrs.: Opening Ceremony				
101	07.30	400 m	Men	Round 1
102	08.15	400 m	Jr.Men	Round 1
103	09.00	400 m	U 18 Boys	Round 1
104	09.30	400 m	U 16 Boys	Round 1
105	09.50	400 m	U 16 Girls	Round 1
106	17.00	400 m	Men	Semi.final
107	17.15	400 m	Jr.Men	Semi.final
108	17.30	400 m	U 18 Boys	Semi.final

Day Two * 16th April 2019 (Tuesday)

201	07.30	400 m	U 16 Girls	Final
202	07.40	400 m	U 16 Boys	Final
203	07.50	400 m	U 18 Girls	Final
204	08.00	400 m	U 18 Boys	Final
205	08.10	400 m	Junior Women	Final
206	08.20	400 m	Junior Men	Final
207	08.30	400 m	Women	Final
208	08.40	400 m	Men	Final
08.45 hrs.: Medal Award Ceremony				

Contact: Mr. B. Ram Varun - **9415027942**
Mr. Kamal Kumar - **8874974328**
P.K.Srivastava - **9313405647**

Place of stay: **Hostels & Guest House of GGS Sports College**, Kursi Road, **LUCKNOW**.

Ajay Kumar Tripathi
Competition Director

P.K.Srivastava
Hony Secretary UPAA

Nitin Arya
Competition Secretary
Lucknow * 10th April 2019 (Friday)